

2008 Winter Cub Camp Personal Equipment List

DO NOT BRING: mat/mattresses, knife, radio, food or candy

YOU MUST BRING suitable winter clothing for OUTSIDE winter activities in the snow.

INCLUDE THE FOLLOWING: (check off items as you pack)

- Dishes: cup/mug, plate, bowl, fork, knife, spoon
- Snow suit or snow pants and winter nylon jacket
- At least 2 pairs of pants and shirts (sweat pants and tops are best)
- Winter boots – **NO rubber boots or running shoes, they are not warm enough**
- 2 Winter toques or other winter weather hats - **NO earmuffs or headbands**
- At least 3 pair of winter gloves or mitts (they get wet)
- 6 pairs of warm socks**
- 2 pairs of winter underwear (long-johns)
- 2 pairs of regular underwear and T-shirts
- sweater or heavy pullover
- favorite stuffed toy (optional)
- Indoor shoes and/or slippers
- Sleeping Bag**
- Pillow**
- Pyjamas or an extra t-shirt and sweat pants
- Personal Kit - Towel, wash cloth, soap, toothbrush, toothpaste, hair brush or comb
- Flashlight with working batteries
- Cub Book
- Duffel bag or back pack to carry your gear in
- Personal water bottle (for hike)
- Medications – see note below**

Please mark all your belongings with your name

MEDICATION

If you require prescribed medication, then written instructions must be provided on its administering by your parents.

Please ensure your physical fitness forms are up-to-date.

If you have changes to your physical fitness forms, please advise Akela (Bill Ross: 948-4382)

The sleeping quarters at Kananaskis have bunks with foam mattresses.

Please pack clothes and outerwear that will keep you warm, all activities will be outside except for meals and sleeping.

If you have any questions regarding the Personal Equipment List please ask one of the leaders.

Reminder: Please DO NOT bring radios, video games/game boys or other electronic devices, comic books, collector cards, toys, candy or gum.